



THE ULTIMATE BEACH PACKING LIST FOR MOMS OF TWINS

Sun, Sand, and Sanity-Saving Essentials for Littles

CLOTHING

- Swimsuits (2-3 per kid)
- Rash guards
- Bathing suit cover-ups
- Shirts, shorts, undies
- Pajamas
- Hats
- Water shoes / sandals
- Light jackets or hoodies
- Regular shoes + socks
- "Oops" backup outfits

KITCHEN & FEEDING

- Snack containers
- Kid plates, bowls, utensils
- Paper towels
- Plastic bags / Ziplocks
- Ice packs
- Dish soap + sponge
- Tupperware for leftovers
- Cooler bag
- Pack of water
- Scissors

TODDLER GEAR

- Extended Size Pack and plays
- 2x crib sheets + mattress pads
- Sound machine
- Blankets & Stuffed Animals
- Stroller or wagon
- Toddler Cups/Water Bottles
- Swim diapers
- Toddler backpack
- Baby Monitor
- Monitor Clip
- Portable potty (if potty training)
- Blackout window covers (foil = cheap & no damage)
- Portable wood gate (for stairs or boundaries)
- Masking tape (outlet covers, labels)

TOYS & ENTERTAINMENT

- Sand toys, beach buckets
- Books & coloring books
- Small travel toys (cars, animals)
- Tablet + kid headphones
- Bubbles
- Compact travel games
- Inflatable kiddie pool (safe splash zone!)
- Kites
- Footballs
- Frisbees

HEALTH & SAFETY:

- Sunscreen & Aloe
- Bug spray
- First aid kit
- Hand sanitizer
- Thermometer
- Vitamins
- Sick bags
- Contacts / Glasses
- Prescription meds
- Tylenol / Motrin (kids + adults)
- Band-aids
- Diaper Rash Cream
- Upset Stomach Medicine
- Toothbrush and Toothpaste
- Hair Ties and Clips
- Toiletries



BEACH & MISCELLANEOUS

- Beach chairs
- Sand-Proof Beach Blanket
- Canopy or sunshade
- Beach towels
- Baby powder (for sand removal)
- Laundry bag
- Trash bags
- Extra Mesh Bags
- Clip-on travel fans
- Nightlights
- Beach Wagon



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